

OBLIGATIONS OF ATHLETES UNDER THE ANTI-DOPING RULES

Under regime of the **IDSF Anti-Doping Code 2004/2005** (the **Code**) and **WADA's World Anti-Doping Code (WADC)** athletes have, among others, the following obligations.

--- Take knowledge and comply with all applicable Anti-Doping policies and regulations applicable to your competitions. Not knowing the duties, rules and sanctions is no reason for any excuse.

--- Be available for and accept the sample collection; cooperate and actively participate with the DCT during Anti-Doping Controls. If an athlete tries to escape sample collection for Anti-Doping controls or refuses to cooperate with the DCT it will be treated as a positive test result and sanctioned accordingly.

--- Take responsibility, in the context of anti-doping, for what they ingest and use. It's the athlete's own responsibility when certain (forbidden) substances are found in the samples. That responsibility cannot be transferred to coaches, trainers, medical personnel or any other athlete support personnel.

--- Inform medical personnel, the personal physician or any other medical officer that he/she is participating in competitions where Anti-Doping controls are possible and of his/her obligation not to use prohibited substances and prohibited methods and to take responsibility to make sure that any medical treatment received does not violate Anti-Doping policies and rules adopted pursuant to the Code and WADC.

--- Complete and sign the Forms of Consent prior to enter a competition and provide identification papers to the organizer prior to take part in a competition. If an athlete cannot or will not identify him/herself to the organizer of a competition (by means of handing over a photocopy of his/her identity papers) that organizer might refuse to hand out a starting number to that athlete at the expense and risk of that athlete.

--- Identify him/her self to the DCT by entering the doping control room by means of a license, passport or ID card. If an athlete cannot identify him/her self in an acceptable way the DCT can refuse to collect the sample. In this case the anti-doping control will be treated as a refusal and sanctioned accordingly.

--- Provide the required information according to the mandatory forms and be available for out-of-competition testing (OCT) by WADA. When listed on the international or national OCT list the athlete must provide all the information as asked for per mandatory forms. Refusal to provide information or not being available for OCT will be sanctioned as per Code and WADC.

--- Follow the instructions of the anti-doping officials promptly.

*Please note also that some countries do have Anti-Doping legislation!
If that is the case an Anti-Doping rule violation sometimes can be treated as a criminal offence. If an athlete participates in a competition in a certain country, it's always the countries official legislation that governs.*